Issue 4 February 2020



CALCY C DDD

PORT MOODY POWER AND SAIL SQUADRON

WHAT AND WHO WE ARE:

- The Port Moody
 Power and Sail
 Squadron always
 promotes safety first
 but members also
 like to have fun, and
 lots of it!
- Do you have your VHF? Do you how to tell if a storm is coming in? Remember how to row a boat? Check out our Courses!
- Want to adventure and be safe in numbers? This is the Squadron for you!

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Å MESSAGE FROM YOUR COMMANDER

Hello PMPSS members

I hope all of you are having a great start to the New Year. We have had a lot of new members sign up it the past few months. I want to welcome all of you to this awesome group. I look forward to seeing all of you on the water or at one of the upcoming events.

We have started our spring courses and along with that we had an excellent Navionics seminar; as well as, the student grad at Willy's. Great Job Jenn Doerksen and Michelle Warrington. It is going to be another awesome season with the Easter weekend just around the corner. Everyone is getting their boats prepared for the season ahead. We have lots of land events coming

up so please put the dates on your calendar. The new IT system was launched in November and they have been having a lot of issues.



Your Commander Steve DeWitt

Thank you again, Jenn Doerksen, for all the hard work you have been putting in to help all the new and old members get set up. We have had a lot of challenges over the past few

months and appreciate all the patience from all of you. We will get all the bugs ironed out.

We are also looking for volunteers for the upcoming bridge. If you have time to help our amazing group, please contact myself or any of the bridge members. Any time is appreciated.

Help us keep PMPSS the best squadron in the west!

See you all out on the water.

Be Safe! Your Commander Steve!

HAVE A STORY?

Have a Story? An amazing adventure? funny fail? announcement? article idea? photos?

Please don't be shy, send anything and everything over to me, your...

Editor Officer, Emily Evans Email: editor@portmoodypss.com



UPCOMING EVENTS!

SNOWDAY: SNOWSHOEING AND/

OR SKIING

WHEN: MAR 1, 2020

WHERE: SEYMOUR

DETAILS: Come to beautiful Mount Seymour with your favourite squadron friends! You can rent or bring your snowshoes and/or skis or snowboard. We will be having fun in t h e s n o w! We'll make arrangements to meet up at the Rock Chute Bar & Grill afterward.

RSVP: socials@portmoodypss.com

RECREATIONAL VESSEL COURTE-SY CHECK (RVCC) / COMMUNITY DAY!

WHEN: MAY 2, 2020

WHERE: REED POINT MARINA

DETAILS: Do you keep your boat at Reed Point? Get it inspected by our certified inspectors to ensure you have all the necessary safety equipment aboard. Upon passing, you'll get a sticker to affix to your boat to prove you have complied with the Safe Boating Guide.

We are also inviting you to make this a Community Day! Please bring a pot luck dish and lets make this an enjoyable event for all Reed Point Employees and Boaters!

SPRING 2020 STUDENT CRUISE

WHEN: APR 5, 2020

WHERE: BEDWELL BAY

DETAILS: Come join us for a raft-up in Bedwell Bay at the Spring 2020 student cruise. Meet the students and welcome them to become members with the squadron. Lunch will be supplied.

EASTER WEEKEND

WHEN: APRIL 10-13, 2020

WHERE: UNION STEAMSHIP MA-

RINA, BOWEN ISLAND

DETAILS: Union Steamship Marina, Bowen Island Easter weekend. As usual, we will have plenty of happy hour dock parties, and the summer house for our Sunday night potluck. A Navionics Seminar will be given. The marina fills up fast so book early!

IRON BAY, NORTHERN END OF INDIAN ARM

WHEN: MAY 15-18, 2020

DETAILS: This is a beautiful cruise up the Indian Arm fjord, and we anchor in Iron Bay for the Victoria Day long weekend. Cruise plan coming soon.

SOUTHERN CRUISE

WHEN: JUNE 26-JULY 5, 2020

DETAILS: We usually head south toward the Gulf Islands, San Juan Islands, or further south. Cruise plan coming soon.

NORTHERN CRUISE

WHEN: JULY 31-AUG 16, 2020

DETAILS: We usually head north toward Pender Harbour and Desolation Sound. Cruise plan coming soon.

BEDWELL BAY CONCERT:

BUDDY AND THE SCARECROW

WHEN: AUG 22-23, 2020

WHERE: BEDWELL BAY, NEAR THE

ROCK CLIFF

DETAILS: This is an outstanding onthe-water concert in the southwest side of Bedwell Bay, near the rock cliff. The acoustics are amazing come and enjoy a variety of cover tunes. A tip will be collected for the band, which is much appreciated and well deserved.

SAVE THE DATE! April 25, 2020 AGM / COW Details to follow Issue 4 Page 3

UPCOMING EVENTS CONTINUED...

LABOUR DAY WEEKEND

WHEN: SEPT 4-7, 2020

WHERE: UNION STEAMSHIP MARINA, BOW-

EN ISLAND

DETAILS: As usual, we will have plenty of happy hour dock parties, and the summer house for our Sunday night potluck. We also normally have a day for golf. The marina fills up fast so book early!

OSPREY CREEK NORTH, PITT LAKE

WHEN: SEPT 18-20, 2020

DETAILS: Small and large boats welcome! Small boats can launch at Grant Narrows or Pitt Meadows Marina and bring a tent. Larger boats can navigate along the north or south Fraser, and up the Pitt River to enter the southern end of Pitt Lake. We will anchor at a sandy beach. Cruise plan coming soon.

REMEMBRANCE DAY

WHEN: NOV 11, 2020

WHERE: BELCARRA PUBLIC DOCK

DETAILS: Every year, the Port Moody Squadron hosts a beautiful tribute and ceremony for veterans and fallen soliders. Here is a video from the 2019 ceremony: https://youtube/

NAT34ugEz4

SANTA'S CHRISTMAS SHIPS

WHEN: NOV 27, 28, DEC 4, 5, 11, 12, 18 AND 19, 2020

WHERE: IOCO SHORELINE, ROCKY POINT, DOL-LARTON, BELCARRA, DEEP COVE, COZY COVE, FARRER COVE

DETAILS: This event is not an official squadron cruise, and everyone has always been welcome to come join the parade of lights! Each of the eight nights will begin promptly at 7:00 PM just outside of the Reed Point Marina fuel dock entrance. Dress up your boat with lots of lights and join the holiday cheer! Use VHF channel 68.



"The wind and the waves are always on the side of the ablest navigator."

MARINE DIESEL ENGINE SPRING TUNE UP

When you're ready to start boating again, perform the following tasks before you set sail:

- 1) Unseal engine openings and tighten the raw-water pump cover if loose. If a paper gasket is rubbed with grease or petroleum jelly, it will not stick to the cover or pump body next time the cover is removed (most modern pumps have O-rings).
- 2) Replace all zincs (if fitted; many modern engines have none).
- 3) Capacity-test the batteries
- 4) Tighten alternator and other belts.
- 5) Prime the cooling system

- 6) If possible, crank the engine without starting it until oil pressure is established.
- 7) Once running, check the oil pressure, the raw-water discharge, and the engine for oil and water leaks.
- 8) After the boat has been in the water for a few days, check the engine alignment

PAGE 4 QUARTERDECK

EVENTS ALREADY ENJOYED

NAVIONICS: TIPS & TRICKS

On January 14, 2020 The Port Moody Power and Sail Squadron presented this free Navionics seminar which had a wonderful turn out and I'm pretty sure everyone learned a ton of new stuff. Hosted by Jenn Doerksen and enjoyed by everyone. Thank you





VANCOUVER BOATSHOW 2020

February 5-9, 2020 was the annual Vancouver Boatshow which is always fun and educational to attend. Thank you to all of the volunteers who helped promote and support the Canadian Power & Sail Squadron and kept our Booth lively.

THIS WAS A BULLS EYE EVENT! - HOW AXECITING!

I must axe you a question? What could go wrong with throwing an Axe with friends? Nothing, just fun and laughter! Thank you everyone for coming o ut to this event and for the photos and video's shared on WhatsApp.



2020 COURSE!

MARITIME RADIO

RESTRICTED OPERATOR CERTIFICATE

(MARITIME)

The boat is

WHEN: MARCH 2, 2020

WHERE: WILLY'S GALLEY

safer anchored at the part;

850 BARNET HWY

but that's not

REED POINT MARINA, PORT MOODY

the aim of

CONTACT: LYNN MEISL

boals.

604-219-4525

TIME: 7:00PM

LMEISL@TELUS.NET

The Maritime Radio course teaches emergency radio procedures and everyday operating techniques. Learn all about the uses of marine radios, choice of frequencies, operation, phonetic alphabet, procedural words and phrases, as well as Digital Selective Calling and the Global Maritime Distress and Safety System, (DSC/ GMDSS). All mariners, including recreational boaters, will want to take advantage of the many features and capabilities of this innovative form "automatic" radio. Secure your lifeline. Be sure that you and your family take the Maritime Radio course. This complete package will prepare you for the Restricted Operator Certificate (Maritime) with DSC Endorsement exam which is included as part of this courses. To operate a maritime radio, you need the certificate. It's the law!

WELCOME ALL NEW MEMBERS!!

We are so glad that you have joined us and we look forward to seeing you at our events and hope that you feel welcome and invited!

If you would like to order your Port Moody burgee please message our supplies officer, Kirby, at supplies@portmoodypss.com price is only \$40 for a large sewn one and \$30 for the smaller silkscreen one. See page 5 for additional PMPSS supplies and apparel.



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HOW TO ORDER APPAREL!

Shirt \$20



"You can't buy happiness, but you can buy a boat"

Hat \$20



Stormtech XB-3 \$280



SALE!! Buy a Hat and Shirt Combo for \$35!



Email the Supplies Officer Kirby Knittle supplies@portmoodypss.com

He's got the right stuff!

So, how do you order your gear with the Port Moody Power and Sail Squadron burgee on it?

Its as easy as ONE, TWO and THREE.

ONE: log onto

https://www.stormtech.ca/ and begin pretend "on line shopping". We get a 5% Discount through our supplier, but with taxes our price ends up being the listed price on the Stromtech website. Once you have found that perfect article. Next tell Kirby

TWO: e-mail the details of the article you want, name, colour, size, article code.

supplies@portmoodypss.com

THREE: Kirby will place the order and send an invoice back to you... in three to five weeks you should have your new gear! With the PMPSS LOGO

Check it out!

https://www.stormtech.ca/ Of course we will have new stock as well which you can get from us personally at events and we are planning on some "special event" tees for those special events the Port Moody Power and sale Squadron host! So stay tuned!



PORT MOODY POWER AND SAIL SQUADRON



www.portmoodypss.com



www.facebook.com/groups/pmpss/



www.twitter.com/portmoodypss

TEN DREAM POWER-BOATS OF 2020!

...If money were no object of course...

- 10) Boston Whaler 380 Realm
- 9) Chaparral 300 OSX
- 8) Chris-Craft Launch 25 GT
- 7) Formula 400SSC
- 6) MJM 53Z
- 5) Monterey 385 Super Express
- 4) Regal 26 XO
- 3) Scout 277 LXF
- 2) Sea Ray SLX 400
- 1) Tiara 43 LS

Shellfish Pasta Salad

INGREDIENTS

- Shell shaped pasta (conchiglie or conchiglioni)
- Mussels
- 1/2 cup onion (finely chopped)
- Salt and pepper
- 1/4 cup extra virgin olive oil
- 4 peeled fresh tomatoes
- Bit of sugar
- Glass of white wine
- Balsamic vinegar
- Ground Chili
- Cut green peppers
- Cold white semi-dry or aromatic wine

Preparation time for this meal is 20 minutes and total time to prepare it is 28 minutes. Recommended serving is 2 large scoops. This recipe yields 4-6 servings.

HOW TO PREPARE

- 1. Like every other pasta, conchiglie should be cooked in salted boiling water. You can add some oil in boiling water to prevent sticking of pasta when it is cooked.
- 2. The soul of this meal is its sauce. Warm some virgin olive oil in deep pan or pot and add squeezed onions. When onions leave their sauce and scent add peeled tomatoes cut in small cubes. Prepare this sauce preferably with fresh tomatoes but tinned ones could also do. Simmer the tomatoes constantly stirring them and add some sugar, the inevitable ingredient when cooking tomatoes; add a glass of white wine and cleaned mussels.

3. When the wine is vaporized add salt and pepper and some water if you notice that sauce is getting too thick and starts to stick to the bottom of the pan. Remove the sauce from fire when it is half reduced. Remove the mussels from the sauce and strain the sauce through a sieve. Put the mussels and cooked pasta in separate dishes and leave them to cool down. Now it is time to finish the sauce by adding some more virgin olive oil, balsamic vinegar, ground chili and stirring it all with a whisk.

The meal is ready to be served when cold mussels and tightly cut green peppers are added to cold pasta, overflowed with the sauce and stirred together. I did not find a specific name for this cold pasta and mussels salad but I can guarantee that it goes well with a glass of cold white semi-dry or aromatic wine.



Review Count: 111 (Average rating: 5)
Best Rating 5/Worst Rating 1
Calories: 403 calories
Fat: 16g
Cybohydrates: 42g