



QUARTERDECK



Port Moody Power and Sail Squadron

Issue 5

April 2020

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A MESSAGE FROM YOUR COMMANDER

Hello PMPSS members

I hope everyone had a safe, healthy and Happy Easter out there. I missed seeing all your smiling faces in the summer house at Bowen Island this year. With all face to face events cancelled we will all beat this virus together. Michelle Warrington, Jenn Doerksen and education team did a fabulous job in finishing boating 2 and 3 also holding the exam all on virtual GoToMeetings. Great job everyone including the students in helping to make this a success. Also, congratulations to all the students that passed and completed the courses. I know I say this all the time, but we have such an amazing team of volunteers that makes this squadron succeed like the way we do. Thank you. We hope to soon have a student cruise and stu-

dent grad. Dave Burrell and a few members have created a WhatsApp group called the PMSBA. If you have anything for sale or have a business that you would like to promote, please do. In the years that I have been part of this Squadron I have always been amazed at the way we support each other. We need to carry on this way. Let us reach out and help each other like we always have done. As spring comes and we head into summer please, if you intend to go out and, on the water, please follow the social distancing guidelines. Please do not raft with other boats. I know that this is very difficult for all of us, but we need to do our part in making sure that we all keep everyone safe. That is what the whole foundation of this Squadron is based on....

Safety! I am still calling for volunteers for the Bridge this year, and if you are interested and have the time please send me an email. In ending, I want to say thank you to all the Doctors, front line workers and essential services people out there. Without all of you we could not get through this.

Have a safe season everyone!!

Your Commander Steve DeWitt aka. Safety Steve



SPRING SALE! NEED A NEW FLAG, SHIRT, HAT, OR JACKET?



SALE!

Buy a hat and shirt combo for **ONLY \$35.00!** (colours black, white, tan and blue)



Wish to purchase other items?

We have flags for which range from \$30-\$40.

and a whole catalog of items to choose from and have our Port Moody Burgee sewn right in. It's easy, just 3 simple steps. The price you see in the catalogue is the price it actually is!

- 1) Go to <http://www.stormtech.ca/>
Pick the items you like.
- 2) E-mail the items number, size & colour to Kirby at supplies@portmoodypss.com

- 3) Kirby will place the order and let you know when your new swag is ready for delivery or pickup!





UPCOMING COURSES!

WHAT: Marine VHF Restricted Operators Certificate VIRTUAL

DATE: May 18

TIME: 2:00pm-5:00pm

CONTACT: Lynn Meisel 604-219-4525 or lmeisl@telus.net

The Maritime Radio course teaches emergency radio procedures and everyday operating techniques. Learn all about the uses of marine radios, choice of frequencies, operation, phonetic alphabet, procedural words and phrases, as well as Digital Selective Calling and the Global Maritime Distress and Safety System, (DSC/GMDSS). All mariners, including recreational boaters, will want to take advantage of the many features and capabilities of this innovative form “automatic” radio. Secure your lifeline. Be sure that you and your family take the Maritime Radio course. This complete package will prepare you for the Restricted Operator Certificate (Maritime) with DSC Endorsement exam which is included as part of this courses. To operate a maritime radio, you need the certificate. It's the law!

COVID-19—BE SMART & STAY SAFE



"What do you say we stay here for the next 10 years, and tell our bosses that we were shipwrecked on a deserted island?"

At PMPSS we are proud to support safe boating at all times. With the new world we are living in, we have been facing some new restrictions which we would like to encourage our members to follow. Let's do our part to stop the spread so that we can get back out on the water and enjoy what we do best, events and socializing.

We have been following BC's Health Officials and our top Dr. Bonnie Henry for the most up-to-date information in this ever changing environment. Please view the links below:

[Provincial COVID-19 info](#)

[Boating in BC During COVID-19](#)

Although we know many of you will enjoy the beautiful weather out on the water, we are encouraging you to follow the recommendations in the links above and which are outlined below.

- Adhere to all municipal, provincial, and federal closures. Many [BC Parks and recreation sites are closed](#) – it is suggested to check ahead of time.
- Only boat with those from your immediate household – No guest allowed, and avoid

sharing your car with those outside of your household.

- Maintain a safe distance (at least two meters) from others you may come across, such as those at the marina.
- Wash your hands frequently, especially around communal areas like boat ramps and gates.
- Avoid rafting your boat next to someone else.
- Stay local – now is not the time to explore new water ways or other BC communities.
- Go right from your house to the boat and back – avoid unnecessary contact with anyone.
- Pack your gear and supplies ahead of time and don't plan to stop at stores along the way as you usually might.

Most important, be safe, be smart, we all want to get back to enjoying events and see each other once again.

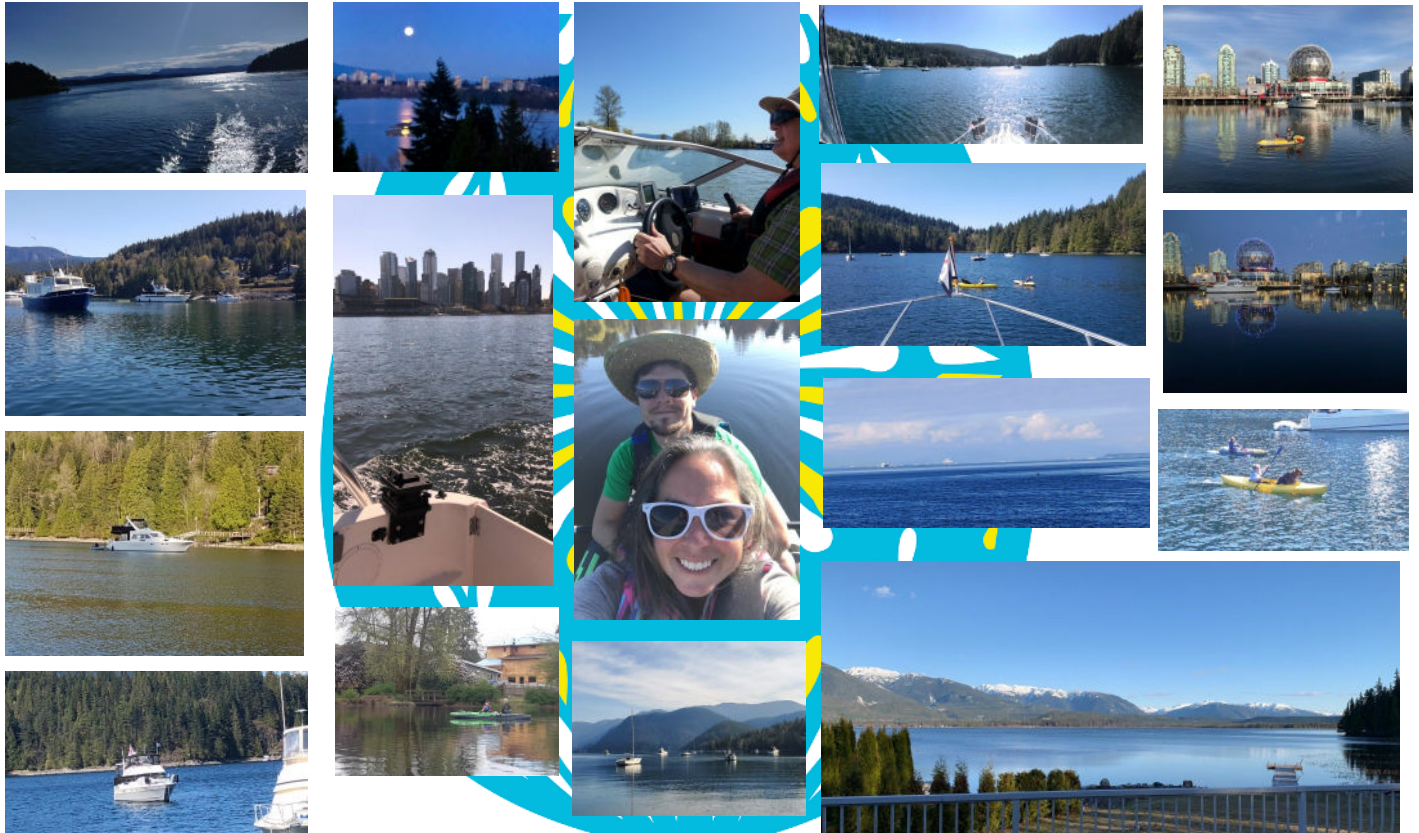
Enjoy the sun and the water!

-Your Bridge



PHYSICAL DISTANCING BOATING

Thank you to everyone who has been posting their boating moments to WhatsApp. I know most of you have seen them but it's nice to see our members enjoying the water within safe distance from each other.



CALENDAR OF EVENTS

MAY 2020

3rd- Sail Past - Cancelled

15-18th—Iron Bay, Northern
End of the Indian Arm -
Cancelled

19th—AGM Virtual Meeting

JUNE/JULY 2020

6th—RVCC - Cancelled

26-JULY 5th—Southern
Cruise—Cancelled

JULY/AUGUST 2020

31- AUG 16th—Northern
Cruise—Cancelled

AUGUST 2020

22-23rd—Bedwell Bay Con-
cert: Buddy and the Scare-
crow—Cancelled

SEPTEMBER 2020

4-7th—Labour Day Weekend—
Cancelled

18-20th—Osprey Creek North
Pitt Lake—Postponed, details
to come. Cancelled

NOVEMBER/DECEMBER 2020

11th—Remembrance Day—
Tentatively scheduled, pend-
ing COVID—19 regulations.

27,28, DEC 4, 5, 11, 12, 18 and
19th—Santa's Christmas Ships—
Tentatively scheduled pending
COVID—19 regulations.





HELLO PMPSS MEMBERS!



As you all know, CPS has a new IT system, which is not updating properly and causing confusion. For now, I will ask that you not renew online. As membership officer, I have access to renew our members. Please send a cheque made out to **"Port Moody Power and Sail Squadron"**. Contact me to find out your membership fee—typically it is \$62.00 for a single membership and \$88.00 for a family membership (the price went down \$5.00). Please send your cheque to:

PMPSS Treasurer
2236 Park Crescent
Coquitlam, B.C.
V3J 6T2

Thank you for helping us to streamline the renewal process

Sincerely,
Jenn Doerksen
Membership Officer
membership@portmoodypss.com



Jenn Doerksen
Membership Officer

YOUR BRIDGE

This year due to the COVID-19 restrictions we have decided to maintain the bridge officers until restrictions have lifted. As a reminder, your Bridge Officers are;

Elected Officers

Commander: Steve DeWitt
Educational Officer: Michelle Warrington
Administrative Officer: Derek Noon
Secretary: Shelley Herron
Financial Officer: Sheri Girard
Public Relations: Jenn Doerksen
Membership Officer: Jenn Doerksen

Appointed Officers

Advanced Educational: Derrik Luder
Editor: Emily Evans
Communications: Jenn Doerksen
IT Officer: Chris Gordon
Webmaster: Cynthia Oldham
Assistant Webmaster: P/C Julie Bruce
Historian: P/C Julie Bruce
Social Officer: Michelle Warrington
RVCC: P/C Sukru Yiit
PCOC Officer: Lynn Meisl
VHF Officer: Lynn Meisl
Cruise Master: Chris Warrington
Regalia Officer: Kirby Knittle
Supply Officer: Michelle Warrington

Environment: TBA
Port Captain: TBA
Member at large: Jennifer Reyburn
Member at large: Christopher Reyburn
Member at Large: Cathy Luder
Member at Large: Rob Bourke



BANANA BOATS

Total time prep / total time:
20 min.

Servings: 4

Ingredients:

4 medium unpeeled ripe bananas

4 teaspoons miniature chocolate chips

4 table spoons miniature marshmallows

Directions:

-Cut banana peel lengthwise about 1/2in. Deep, leaving 1/2in. At both ends.

-Open peel wider to form a pocket.

-Fill each with 1 teaspoon chocolate chips and 1 table-spoon marshmallows.

-Crimp and shape four pieces

of heavy-duty foil (about 12in. Square) around banana, forming boats.

-Grill, covered, over medium heat until marshmallows melt and are golden brown, 5-10min.

ENJOY!



EVENTS ENJOYED!

The Big News Event

This was a sold out event which we enjoyed at the Burrard Public House with live music performed by The Swim Gridz.

Enjoy some photos from the event!





PORT MOODY POWER
AND SAIL SQUADRON



www.portmoodypss.com



www.facebook.com/groups/pmpss/



www.twitter.com/portmoodypss

HAVE A STORY?

Have a Story? An amazing adventure? funny fail?

announcement? article idea? photos?

Please don't be shy, send anything and everything over to me, your...

Editor Officer,

Emily Evans

Email:

editor@portmoodypss.com



How many Easter eggs
did you find? Be the
first to Email me the
answer at

THINKING OF SELF ISOLATION ON YOUR BOAT? FOOD STORAGE 101

HOW LONG DOES PRODUCE LAST?

APPLES	4-8 weeks in fridge	ONIONS	2-3 months at room temp
AVOCADO	4-7 days at room temp	ORANGES	3-4 weeks in fridge
BANANAS	2-5 days at room temp	PEACHES	1-3 days at room temp
BLUEBERRIES	1-2 weeks in fridge	POTATOES	3-5 weeks in pantry
BROCCOLI	1-2 weeks in fridge	STRAWBERRIES	3-7 days in fridge
CARROTS	3-4 weeks in fridge	STRING BEANS	3-5 days in fridge
CUCUMBERS	1 week in fridge	TOMATOES	1 week at room temp
LETTUCE	7-10 days in fridge	WATERMELON	7-10 days at room temp
LEMONS	3-4 weeks in fridge	MUSHROOMS	7-10 days in fridge
GARLIC	3-6 months at room temp	ZUCCHINI	7-10 days in fridge